

BETHE BEAT



American Heart Association.



NATIONAL WEAR RED DAY[®]

IS FRIDAY, FEBRUARY 3, 2023

Wear red and be one step ahead.

Show support for the women in your life. On Friday, February 3, get your steps in and proudly **WEAR RED.**

[WearRedDay.org](https://www.WearRedDay.org)

#WearRedDay

Go Red for Women is nationally sponsored by



Big Lots is a National Wear Red Day matching partner of the American Heart Association's Go Red for Women Movement.



Leslie Jordan, Margarita Pineiro, & Sharell Weeams
heart disease & stroke survivors

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